

**Healthcare Cost Containment Committee Minutes**  
**June 5, 2013**  
**3:30 p.m. to 5:00 p.m.**

**Attendees:** Carolyn Belfiore, Ray Blank, Karen Bonin, Marge Chiafery, Kim DeMaso, Sandi Eherenman, Linda Freeman, Bob Gidari, Linda Hastings, George Markwell, Marsha McGill, Linda Murgo, Tim Parsons, Sharon Putney, Sue Robinson, and Christine Soucy

Marge Chiafery reported the two checks from the Local Government Center totaling \$750 (\$500 and \$250) had been accepted by the School Board.

**1. Approval of May 1, 2013 Minutes**

Carolyn Belfiore moved (seconded by Linda Murgo) to approve the May 1, 2013 minutes.

The motion passed 14-0-2 with Tim Parsons and Bob Gidari abstaining.

**2. Health Assessment Participation Rate for May**

Marge Chiafery reported the participation rate for May was 66%. Fifteen people completed the Health Assessment Survey from April to May bringing the total number of Health Assessment Surveys completed to date is 798 of 1,218.

**3. Gains Realized from Accessing the Portal**

Tim Parsons provided a demonstration of the Onlife Health **Live on** Web Portal. Several features were reviewed.

It was noted that a number of Committee members use the Onlife Health web portal.

Comments and reactions regarding the **Live on** web portal used by committee members:

- Self-directed lessons take approximately 20 minutes. All modules of each lesson need to be completed to receive points.
- The tracker recording feature was reviewed. Users reported the food tracker was cumbersome to use; however, the stress and weight management trackers were easy to use.

Marge Chiafery asked committee members if they felt comfortable sharing the portal with other individuals after they have a chance to explore it on their own.

A test account could be provided to the district for practice sessions.

Tim Parsons reported 15,230 entries for the sweepstake in quarter one. The large number was due to the number of people that completed their health assessments. The number of entries during quarter two are expected to be less. The names of the municipalities or school districts that had sweepstake winners will be announced in a newsletter.

The programs in place will remain unchanged through December 2013. Tim Parsons will know by the September meeting if there are anticipated changes effective January 1, 2014.

Tim Parsons reported that the points system will be in place next year. The points incentive will be cash rather than an entry into a sweepstake.

**Compass Smart Shopper Program:**

Marge Chiafery reported the Compass Smart Shopper Program information was introduced to individuals during open enrollment sessions at schools. Information was distributed in an effort to accommodate those individuals who had medical appointments during the summer.

Marge Chiafery asked the committee its opinion about disseminating the Compass Smart Shopper Program at the end of school.

**2013-2014 School Year Meeting Dates**

<b>Meeting Date</b>	<b>Refreshments</b>
September 11, 2013	George Markwell and Sandi Eherenman
October 2, 2013	
November 6, 2013	
December 4, 2013	
January 8, 2014	
February 5, 2014	
March 5, 2014	
April 2, 2014	
May 7, 2014	
June 4, 2014	